

Mariah's

WESTWIND



RESTAURANT

1691 Melrose Drive
San Marcos, CA

Call Ahead For To Go Orders

760.736.5108

Served All Day

SOUPS & SALADS

SOUP DU JOUR

Served with Crackers

Cup...\$3.25

Bowl...\$4.45

Add 1/2 any Deli Sandwich...\$3.95

CHEF'S SALAD \$8.95

Julienne of Turkey, Ham, Jack & Cheddar Cheese with Tomato, Red Onion, Black Olives & Hard Boiled Egg on a bed of fresh greens.

TUNA OR TURKEY CHEF'S SALAD \$8.95

Scrap of fresh Tuna Salad or Oven Roasted Turkey Breast with Tomato, Cucumber, Cuddled & Sprouts on a bed of fresh greens.

GRILLED CHICKEN BREAST SALAD \$8.95

Sliced Grilled Chicken Breast with Tomato, Avocado & Sprouts on a bed of fresh greens.

CAESAR SALAD \$8.95

Crisp Romaine tossed with Parmesan Reggiano, Seasoned Croutons, and Caesar Dressing. Add Chicken \$3.00

HOMEMADE CHILI CON CARNE

Served with Cornbread & Honey Mustard

Cup...\$4.25

Bowl...\$5.95

Chopped Onions & Cheese on request

CHOPPED GARDEN SALAD \$8.95

Fresh greens topped with chopped Tomato, Cucumber, Zucchini, Carrots, Red Cabbage, Red Onion, Black Olives, Mushrooms, Avocado & Sprouts.

SHRIMP OR CRAB LOUISE Market Price

Bed of fresh greens with Jumbo Shrimp or Blue Crab with Tomato, Cucumber, Chopped Egg & Black Olives with a fresh Louie Dressing

SPINACH SALAD \$8.95

Fresh Spinach topped with Chopped Egg, Crumbled Bacon, Red Onion & Sliced Mushrooms

MIXED GREENS \$8.95

Baby mixed greens, tossed with Dried Cranberries, Candied Walnuts, Gorgonzola crumbles and Raspberry Vinaigrette Dressing.

Side Orders

Steak Fries	\$2.45
Sweet Potato Fries	\$3.95
Small Green Salad	\$3.95
Potato Salad or Cole Slaw	\$2.45
Cottage Cheese	\$2.45
Sliced Tomato	\$1.95
Sliced Avocado	\$2.95
Apple Sauce	\$1.45

Desserts

New York Cheesecake	\$4.45
Carrot Cake	\$4.45
Chocolate Cake	\$4.45
Fresh Baked Brownies	\$2.95
Slice Baklava	\$2.95

Beverages

Soft Drinks	\$2.25
Ice Tea	\$2.25
Lemonade	\$2.25
Coffee or Tea or Decaf	\$2.25
Mineral Water	\$2.95
Milk (2% or Whole) Small	\$1.45
Chocolate Milk Small	\$1.75
Large	\$2.45

Spirits

Domestic Beer	\$3.45
Imported Beer	\$4.45
Champagne	\$3.95
Bloody Mary	\$3.95
Minis	\$3.95
Bellini	\$3.95

Served All Day

All Sandwiches and Burgers are served with choice of Steak Fries, Potato Salad or Cole Slaw and a Pickle Slice.

Grilled Sandwiches

GRILLED CHEESE	\$5.95
GRILLED HAM & CHEESE	\$7.45
TUNA MELT	\$7.95
Tuna Salad, Cheddar and Tomato on Sourdough	
POLISH SAUSAGE	\$7.45
Polish Sausage, Sour Kraut on a French Roll	
PATTY MELT	\$8.45
Beef Patty, Swiss Cheese and Grilled Onions on Rye	
BEEF OR PASTRAMI DIP	\$7.95
Served on a French Roll with Au Jus	
GRILLED CHICKEN BREAST	\$7.95
Served on an Onion Roll with Lettuce and Tomato	
BBQ BEEF, PORK OR HAM	\$7.95
Served with Steak Fries and Cole Slaw	
MARIAH DEGO	\$8.45
Roast Beef, Ortega Chile, Jack Cheese on Sourdough	
GRILLED PASTRAMI & SWISS	\$8.45
With Tomato & Russian Dressing on Rye	

Deli Sandwiches

Corned Beef on Rye	\$7.95
Roast Beef	\$7.95
Roast Turkey	\$7.95
Smoked Ham	\$7.95
Pastrami	\$7.95
B.L.T.	\$7.95
Tuna Salad	\$7.95

Burgers

Made with 1/3 lb. Back Angus Beef

BLACK ANGLUS BURGER	\$8.95
Lettuce, Tomato, Red Onion & Mayo	
MARIAH BURGER	\$8.95
Swiss Cheese and Bacon	
BACON, CHEESE & AVOCADO BURGER	\$8.95
BLUE BURGER	\$8.95
Corned Beef Cheese & Caramelized Red Onions	
TURKEY OR GARDEN BURGER	\$7.95
Lettuce, Tomato, Red Onion & Mayo	

EXTRAS \$1.00 Cheese (American, Jack, Swiss, Pepper Jack), Sautéed Mushrooms, Ortega Chile, Chili Con Carne

HOUSE FAVORITE SANDWICHES

REUBEN \$8⁹⁵ Corned Beef, Swiss Cheese & Sour Kraut with Russian Dressing on Grilled Rye.	TENDER \$8⁹⁵ Turkey, Bacon, Jack Cheese & Tomato on Grilled Sourdough.	BEEFEATER DIP \$8⁹⁵ Roast Beef, Jack Cheese & Tomato on Grilled Sourdough with Au Jus.
DEU MELT \$8⁹⁵ Corned Beef, Turkey Breast, Swiss and American Cheese, Tomato & Russian Dressing on Grilled Rye.	HAWAIIAN CHICKEN \$8⁹⁵ Chicken Breast with Grilled Pineapple & Jack Cheese on an Onion Roll.	PHILLY CHEESE STEAK \$8⁹⁵ Roast Beef, Jack Cheese, Grilled Bell Pepper & Onion on a French Roll.
CLUBHOUSE \$8⁹⁵ Double-decker Turkey, Bacon, Lettuce, Tomato & Mayo served on Toasted Sourdough or Wheat.	TURKEY SUB \$8⁹⁵ Turkey, Jack Cheese, Avocado, Lettuce, Tomato & Italian Dressing on a French Roll.	ITALIAN SUB \$8⁹⁵ Ham, Salami, Provolone Cheese with Lettuce, Tomato, Onion, Mayo & Italian Dressing on a French Roll.

Served All Day

Fred's Favorite

Two Buttermilk Pancakes, 3 Eggs and your choice of Hamsteak, Beef Patty or Two Slices Bacon & Two Sausage Links.

\$8.45

Carly's Combo

Golden French Toast, 2 Eggs any style and your choice of Hamsteak, Beef Patty or Two Slices Bacon & Two Sausage Links.

\$8.45

Hot Cereal

Of Oatmeal.....	\$3.95	Bowl of Seasonal Fruit.....	\$5.95
Pelars.....	\$4.25	With Yogurt & Granola.....	\$7.95
Blueberries.....	\$5.95	Cup of Seasonal Fruit.....	\$3.95
Sliced Bananas.....	\$5.45	With Yogurt & Granola.....	\$5.45

Fruit & Granola

Breakfast Sandwich

Fried Egg, Bacon or Sausage, Cheese on choice of English Muffin, Toast or Bagel Served with Home Fries.

\$6.95

Good Morning Special

One Egg, 2 Slices Bacon or 2 Sausage Links, One Slice Toast or Biscuit, Coffee or Small Juice.

\$4.95

Served with Sun M. F.

Side Orders

Any Style.....	\$1.45	Fresh Ground 100% Colombian Coffee.....	\$2.25
Any Style.....	\$2.45	Pot of Hot Tea.....	\$2.25
Beak.....	\$3.45	Hot Chocolate (Large Mug with White Cream).....	\$2.95
or Sausage.....	\$2.95	Milk (2% or Whole).....Small \$1.45 Large.....	\$2.25
Angus Beef Patty (1/3 lb.).....	\$4.45	Tomato Juice.....Small \$1.45 Large.....	\$2.25
Fries or Hash Browns.....	\$2.45	Apple Juice.....Small \$1.45 Large.....	\$2.25
or Gravy.....	\$5.45	Orange/Mango Juice.....Small \$1.45 Large.....	\$2.25
English Muffin or Biscuits.....	\$1.95	Fresh Squeezed Juice.....	
Wh Cream Cheese.....	\$1.95	Orange Juice.....Small \$1.95 Large.....	\$2.95
o Cheese.....	\$2.45		
Tomato.....	\$1.95	Spirits	
Avocado.....	\$2.95	Champaign.....	\$3.95
Sauce.....	\$1.45	Mirinda.....	\$3.95
		Bellini.....	\$3.95
		Stouly Mary.....	\$3.95

Beverages

Served All Day

Mariah's world-famous Omelets are made with three Ranch Eggs and are served with your choice of Home Fries, Hash Browns, Rice Plat, Tomato slices or Cottage Cheese and choice of Toast, Buttermilk Biscuits, English Muffin or Bagel. We remove one or more Egg Yolks on Request.

CREATE YOUR OWN COMBINATIONS

Plain Omelet \$6.95.....Ingredients.75¢

Meats

Smoked Ham + Bacon + Sausage
Chorizo + Italian Sausage + Polish Sausage
Soleini + Canadian Bacon + Chicken Breast
Ground Beef + Chicken Liver + Roast Beef
Port Loin + Chili Con Carne

Veggies

Fresh Spinach + Zucchini + Mushroom
Tomato + Bell Pepper + Ortega Chile
Asparagus + Alfalfa Sprouts + Broccoli
Onion + Green Onion + Black Olives

Dairy

Jack + Pepper Jack + Swiss + Cheddar
American + Provolone + Cottage Cheese
Cream Cheese + Sour Cream

Premium

Cornd Beef.....\$1.50
Pastrami.....\$1.50
Bay Shrimp.....\$1.50
Avocado.....\$1.50
Feta Cheese.....\$1.50
Blue Crab.....Market Price

Mariah's Omelet Favorites

B.S.O.M Bacon, Spinach, Onion, Mushroom & Cheese \$9.95	DENVER Ham, Bell Pepper, Onion, Mushroom & Cheese \$9.45	CHILI Chili con Carne, Cheddar Cheese & Sour Cream \$9.45
SEAFOOD Bay Shrimp, Avocado, Mushroom & Cheese \$10.95	VEGETARIAN Avocado, Mushrooms, Tomato, Onions, Cheese & Sprouts \$9.95	MARIAHS Chorizo, Ortega Chile, Onion, Mushroom & Cheese \$9.45
THE INTERNATIONAL Polish Sausage, Italian Sausage, Green Onions, Chorizo, Tomato & Cheese \$9.95	GREEK Feta Cheese, Spinach, Tomato & Onion \$9.45	SPANISH Cheddar Cheese, Ortega Chile, Onion, Sour Cream & Salsa Fresca \$9.45

Egg Dishes

Served with Two Eggs any style with your choice of Home Fries, Hash Browns or Rice Plat and choice of Toast, English Muffin, Biscuits, Bagel or Tortillas.

Two Eggs Any Style.....	\$5.95
Bacon or Sausage.....	\$7.95
Ham Steak.....	\$8.95
Canadian Bacon.....	\$8.45
Polish Sausage.....	\$3.45
Italian Sausage.....	\$8.95
Center-Cut Pork Chops.....	\$10.45
Dropped Ham & Scrambled Eggs.....	\$8.45
(onions on request).....	\$2.45
Lox & Scrambled Egg (onions on request).....	\$10.45

From the Griddle

Buttermilk Stack (3 Hotcakes).....	\$5.95
With Bacon or Sausage.....	\$6.95
Short Stack (2 Hotcakes).....	\$4.95
With Bacon or Sausage.....	\$5.95
Blueberry or Banana Pancakes.....	\$7.25
With Bacon or Sausage.....	\$8.25
Chocolate Chip Pancakes with Whipped Cream.....	\$6.25
2 Hotcakes, 2 Eggs & Bacon or Sausage.....	\$8.25
French Toast (served with Applesauce).....	\$5.95
With Bacon or Sausage.....	\$7.25
PANCAKE SANDWICH	\$6.95
2 Hotcakes, 2 Eggs & Bacon or Sausage.....	\$8.25
PIGS IN A BLANKET	\$7.45
3 Sausage Links rolled into Buttermilk Pancakes served with Applesauce.....	

MARIAH'S HOUSE SPECIALS

MARIAH'S SPECIAL

Fresh Breaded Chicken Fried Steak with Country Gravy, Two Eggs, Hash Browns & Buttermilk Biscuits.
\$9.95

MARIAH'S COUNTRY BREAKFAST

Sausage Patty on top of two Buttermilk Biscuits smothered with Country Gravy served with Two Eggs & Hash Browns.
\$9.95

HOME-COOKED CORNED BEEF HASH

Fresh Breakfast smothered with Red Potatoes & Onion, Two Eggs and Toast or Bagel.
\$9.95

LOX & BAGEL

Smoked Salmon on a Toasted Bagel with Cream Cheese, Tomato & Bermuda Onion. Served with Home Fries.
\$10.95

EGGS BENEDICT

Poached Eggs with Canadian Bacon on an English Muffin topped with Hollandaise Sauce. Served with Home Fries.
\$9.95

CORNED BEEF EGGS BENEDICT

Poached Eggs with Corned Beef on an English Muffin topped with Hollandaise Sauce. Served with Home Fries.
\$10.95

EGGS FLORENTINE

Poached Eggs with fresh sautéed Spinach on an English Muffin topped with Hollandaise Sauce. Served with Home Fries.
\$9.45

BLACK ANGLUS RIBEYE STEAK & EGGS

8 oz Black Angus Ribeye Steak & Two Eggs any style. Served with your choice of Home Fries or Hash Browns and Toast.
\$14.95